

Kathryn Roosevelt, PhD, MSW, LCSW

36 Upper Brush Hill Rd
Carbondale, IL 62901

Cell: (618) 559-1124

Email: kathryn.roosevelt@siu.edu
krooseveltcsw@gmail.com

E d u c a t i o n :

PhD in Social Work May 2023
North Carolina Agricultural and Technical State University
University of North Carolina – Greensboro, NC

Master's in Social Work; Clinical Concentration May 2009
Florida Gulf Coast University – Fort Myers, FL

Bachelor of Science; Social Work May 2005
Southern Illinois University – Carbondale, IL

A c a d e m i c A p p o i n t m e n t s :

Assistant Professor July 2025-Present
Southern Illinois University – School of Social Work – Carbondale Illinois

- Design and teach in both undergraduate and graduate programs in the School of Social Work, integrating active learning strategies to improve outcomes and engagement.
- Conducting research in the area of social work to contribute to continued body of knowledge.
- Actively contributing to program growth and student success through outreach, collaboration, curriculum development and overall engagement.

Assistant Clinical Professor Aug. 2024-Aug. 2025
University of Kentucky – College of Social Work – Lexington Kentucky

- Determination of Effort equal to 100% teaching
- Teaching in both the undergraduate and graduate programs within the College of Social Work.
- Provision of instruction, training, and advisement for students across all academic programs housed in the College of Social Work.
- Curriculum enhancement and development.
- Student admission and clinical faculty applicant reviewer.

Adjunct Professor Jan. 2024-May 2024
University of North Carolina Greensboro - Gerontology Program – North Carolina

- Teach Social Service for the Aging to graduate students.
- Teach through a fully asynchronous platform.
- Provide guidance throughout semester to assist in better understanding/implementing materials.

Adjunct Professor May 2023-July 2023
Citadel Department of Psychology – Charleston South Carolina

- Instruct on Contemporary Behavior Therapy.

- Teach in an in person setting with students.
- Provide guidance throughout semester to assist in understanding/implementing the material.

Adjunct Professor

Jan. 2023-May 2023

NCAT/UNCG JMSW Program – North Carolina

- Develop and Implement Telebehavioral Health course for MSW students.
- Teach in hybrid set up with students.
- Provide guidance throughout semester to assist in better understanding/implementing materials.

Professional Experience:

Owner/Clinician

July 2021-Present

Island Transitions Counseling and Consulting- South Carolina and Online

- Assess needs for mental health treatment.
- Provide counseling based on needs, both individual or couple-based treatment.
- Referrals and general information provided based on needs.
- Manage daily activities of the practice.

Clinical Social Worker/Sole Proprietor

July 2019 - Present

Kathryn Roosevelt LCSW – Online Based

- Assess clients for needs associated with mental health challenges.
- Provide individual and couple-based counseling based on needs.
- Referrals provided for additional services.

Clinician

April 2021-May 2025

Spring Health – United States

- Complete assessment and treatment planning for assigned clients.
- Provide individual or couples counseling for adults based on needs.
- Provide referrals and general information as it arises.

ESA Assessor

Mar. 2019 – Present

CertaPet – United States

- Review assessments for individuals seeking Emotional Support Animal (ESA).
- Correspond with individuals via phone, face time or email for determination of ESA.
- Provide referrals for additional services as needed.

Telehealth Counselor

Feb. 2019 – March 2020

Lionrock Recovery – United States

- Complete assessments for clients and develop treatment plan based on needs.
- Online counseling is provided weekly to clients in substance abuse recovery.
- Provide guidance on additional services and referrals as needed.
- Work collaboratively with group counselor and other inter and intradisciplinary members surrounding treatment.

Clinical Social Worker

Feb. 2017 – July 2019

Changes Counseling Center, LLC – North Charleston, SC

- Provide assessment for services and develop treatment plans based on needs.
- Assisting in therapeutic interventions for clients based on current needs and diagnosis.
- Provide information and referrals to clients on an as needed basis.

- Utilization of Cognitive Behavioral Therapy, Solution Focused Techniques, Meditation, and other therapeutic based services.

Telehealth Counselor

Sept. 2017 – Aug. 2024

American Well – United States

- Provide assessment via online platform for plan for services.
- Complete treatment planning to direct treatment.
- Provide online counseling services that includes diagnostic assessment and therapeutic counseling.
- Providing psychoeducation, Cognitive Behavioral Therapy and Solution Focused techniques to clients.

Crisis Intervention Specialist

Jan. 2016 – Oct. 2018

Trident Hospital – North Charleston, SC

- Assessment of patients who present to emergency department in crisis.
- Provide discharge planning options for patients based on needs.
- Providing information and referrals to patients for services as needed.
- Individual and family counseling for acute needs.

Clinical Social Worker

July 2014 – July 2015

Palmetto Warrior Connection – North Charleston, SC

- Employee and Agency Development.
- Supervision of 9 employees.
- Payroll and Schedule maintenance.
- Program Development and Implementation.

EAP Counselor

July 2013-June 2014

Solutions Employee Assistance Program – Groton, CT

- Short term solution focused therapy with individuals, couples and family.
- Provide information and referrals based on the needs of the individual.
- Provide layoff debriefings, critical incident, and other presentations.

Crisis Clinician

July 2013-June 2014

Lawrence and Memorial Hospital – New London, CT

- Assessment of patients who present to emergency department in crisis.
- Provide discharge planning options for patients by working with patient, family and physician.
- Providing information and referrals to patients for services as needed.
- Individual and family counseling for the acute needs.

Clinician

May 2013-June 2014

Stonington Institute – Groton, CT

- Individual Counseling with individuals with substance abuse and co-occurring disorders.
- Group therapy facilitation
- Psycho-education group facilitation
- Working with an interdisciplinary team to assist clients while in recovery program
- Providing information and referrals to clients for outpatient services.

Care Transition Consultant

Feb. 2013-May 2013

Agency on Aging of South Central Connecticut–New Haven, CT

- Follow up with patients post discharge from the hospital.
- Providing information and referral to patients regarding surrounding community

- resources and services.
- Advocacy and support to patients and their families.
- Continued consultation with area agencies, specifically hospital Care Coordination staff and Nursing Home Social Workers.

Social Work Supervisor

Nov. 2011-Dec. 2012

Washington Adventist Hospital - Takoma Park, MD

- Supervisor of social work staff in the Case Management Department.
- Manager on call for department every third week.
- Completing payroll for department bi-weekly.
- Available to Social Workers within the department to help with difficult cases and to guide them within their role.
- Discharge planning assistance with Social Workers and Case Managers as well as managing difficult cases.

Social Worker

Aug. 2010- Nov. 2011

Washington Adventist Hospital – Takoma Park, MD

- Discharge Planning which includes facility placement, home health, durable medical equipment, infusion, inpatient or outpatient rehab and other needs.
- Provided patients information and referrals to community agencies.
- Knowledge of the Medicare, Medicaid, and private insurance for discharge needs, as well as obtaining authorization for services.

Social Worker

Apr. 2007–Apr. 2010

Alvin A. Dubin Alzheimer's Resource Center – Fort Myers, FL

- Consult with community agencies for client support and advocacy.
- Facilitate support groups for caregivers.
- Crisis Intervention with individuals and their families.
- Program development, implementation, and evaluation.

Clinical Social Work Intern

Sept. 2008 – May 2009

Early Childhood Learning Services – Fort Myers, FL

- Provided counseling to children ages 3 to 5 with mild to severe behavioral issues.
- Co-facilitated social skills groups with children.
- General observations of children in the classroom.
- Provided counsel and information to parents.

Social Worker

Nov. 2006 – April 2007

The Courts of Holt – Holt, MI

- Perform bio-psycho-social and diagnostic assessments with new clients.
- Participated in regular case reviews.
- Collaborated with multi-disciplinary treatment team concerning patient care and treatment plan development.
- Assess residents for cognitive impairments, changes in mood and behaviors.

Teaching Experience:

Assistant Professor

Aug. 2025-Present

School of Social Work, Southern Illinois University Carbondale

SOCW 275 Social Welfare as a Social Institution

SOCW 291 Introduction to ADEI in Social Work

SOCW 401 Generalist Practice in Social Work

Assistant Clinical Professor

Aug. 2024 – Aug. 2025

College of Social Work, University of Kentucky

SW 421 Human Behavior and the Social Environment

SW 450 Social Work Research

SW 444 Educational Practicum 1

SW 445 Educational Practicum 2

SW 724 Advanced Clinical Practice with Individuals and Families

SW 741 Advanced Social Work Practicum II

Adjunct Professor

Jan 2024 – May 2024

Gerontology Program, University of North Carolina Greensboro

GRO 570-01 Social Services for the Aging

Adjunct Professor

May 2023 – July 2023

Department of Psychology, Citadel

PSYC 501-8 Principles of Cognitive and Behavioral Change

Adjunct Professor

Jan. 2023 – May 2023

Department of Social Work, UNCG and NCAT

SWK 654-02 Telehealth for Social Workers

Teaching Assistant

Jan. 2021 – May 2021

Department of Social Work, UNCG and NCAT

SWK 654-02 Telehealth for Social Workers

Guest Lecturer

Department of Social Work, UNCG and NCAT

Oct. 25, Nov. 1 & 15, 2021

SWK 634 Research Designs and Data Analysis for Social Work Practice

Research Experience:

Research Assistant

Mar. 2021 – April. 2022

Department of Social Work, UNCG: HRSA OWEPE grant

Research Assistant

Aug. 2020 – Dec. 2020

*Department of Social Work, UNCG: Building the SPSS datasheets and developing literature review for *Increasing Awareness in School Staff about Youth Opioid and Other Substance Use*.*

Research Assistant

Aug. 2020 – Dec. 2020

*Department of Social Work, NCAT: Building the SPSS datasheet for *"Changes in Informal Mentoring over Collegiate Experience Among Foster Youth in Higher Education"*.*

Research Assistant

Aug. 2019 – May 2020

Department of Social Work, UNCG: Guilford County Solution to the Opioid Problem (GCSTOP), data entry from site visits.

Scholarly Activity:

Published and In Press Refereed Article:

Roosevelt, K. (2023). Adjusting to retirement: The effect of resources on psychological well-being from pre- to post-retirement (Order No. 30417895). Available from ProQuest Dissertations & Theses Global. (2825001074). Retrieved from <https://login.libproxy.uncg.edu/login?url=https://www.proquest.com/dissertations-theses/adjusting-retirement-effect-resources-on/docview/2825001074/se-2>

Swick, D., Dyson, Y., **Roosevelt, K.**, Rhodes, D., Floyd-Pickard, M., Poole, K., & Thull, M. (2022). Implementation of a pilot community-based experiential training program to address OUD and other SUDs. *Journal of Social Work Practice in the Addictions*, 10-14. <https://doi.org/10.1080/1533256X.2022.2080361>

Gowdy, G., Hogan, S., **Roosevelt, K.**, Saastaomoinin, M. & Levine, S. (2022). Informal Mentoring for Foster Youth Students: Core and Capital Mentors Over Time. *Child and Adolescent Social Work Journal*. <https://doi.org/10.1007/s10560-022-00899-5>

Thomas, K.H., Albright, D.L., Phillips, D., **Roosevelt, K.**, Crawley, R., Taylor, S.P. (2018). Mental Health Status in Service Member and Veteran Students at Four-Year Postsecondary Institutions: A Pilot Needs Assessment. *Best Practices in Mental Health*, 14(1), 1-14.

Presentations:

1. Roosevelt, K. (June 18, 2025). *Social Workers and the Retiring Older Adult: Applying the Resource-Based Dynamic Model to enhance outcomes*. 2025 National Association of Social Workers National Conference – Chicago, IL.
2. Roosevelt, K. (April 6, 2025). *Social Workers and the Retiring Older Adult: Applying the Resource-Based Dynamic Model to enhance outcomes*. Southern Gerontological Society Annual Meeting & Conference 2025 – Birmingham, AL.
3. Roosevelt, K. (December 11, 2024). *Creating Resilience in Times of Uncertainty*. University of Kentucky College of Social Work Synchronous Class – Online.
4. Roosevelt, K. (November 13, 2024). *Generational Diversity in the Workplace*. University of Kentucky College of Social Work Synchronous Class – Online.
5. Roosevelt, K. (October 9, 2024). *Mindfulness*. University of Kentucky College of Social Work Synchronous Class – Online.

6. Roosevelt, K. (September 11, 2024). *Assessment in Telebehavioral Health*. University of Kentucky College of Social Work Synchronous Class – Online.
7. Roosevelt, K. (June 13, 2024). *Generational Diversity in the Workplace*. NOVOGRADAC – Online.
8. Roosevelt, K., & Eifert, E. (October 28, 2021). *Navigating the ups and Downs for an Older Adult: Tools for Taking Care of Yourself*. Healthy UNCG Wellness Series – Online.
9. Roosevelt, K., & Eifert, E. (March 26, 2021 & October 26, 2021). *Gerontology – The Future of Social Work*. UNCG Department of Social Work Lecture Series – Online.
10. Roosevelt, K. (October 14, 2020). *Ageism in the Workplace and Aging in times of COVID*. National Association of Social Workers – NC Chapter CEU, Online.
11. Roosevelt, K. (March 10, 2020). *Ageism in the Workplace*. University of North Carolina Greensboro, SWK 315, Greensboro, NC.
12. Roosevelt, K. (Oct. 2013). *Stress Management: Build Your Own Stress Kit*. Solutions EAP presentation for Electric Boat/General Dynamics, Groton, CT.
13. Roosevelt, K. (April 16, 2015). *Military to Civilian: Challenges and Resolution*. Collaborative Organization of Services for Youth and the Continuum of Care Meeting, Beaufort, SC.
14. Roosevelt, K. (May 28, 2015). *The Challenges of Transition: Military to Civilian*. National Association of Social Workers – SC Chapter CEU, Charleston, SC.

Current & Pending Research Funding:

Submissions:

- | | |
|---|-------------------|
| <i>Robert Wood Johnson Foundation – Health Equity Scholars (PI)</i>
Submitted, decision denied | Oct. 2025 |
| <i>Kaiser Permanente – Gun Violence Prevention Grant</i>
Submitted, decision denied | Sept. 2025 |

Honors and Awards:

- | | |
|---|-------------------|
| Graduated Magna Cum Laude
<i>Florida Gulf Coast University – Fort Myers, FL</i> | April 2009 |
| Phi Alpha Honor Society
<i>Florida Gulf Coast University – Fort Myers, FL</i> | April 2009 |

Graduated Magna Cum Laude
Southern Illinois University – Carbondale, IL

May 2005

Gamma Beta Phi Society
Southern Illinois University – Carbondale, IL

Oct. 2003 – May 2005

The National Scholars Honor Society
Southern Illinois University – Carbondale, IL

Jan. 2003 – May 2005

S e r v i c e :

Gerontology Certificate Coordinator
Southern Illinois University Carbondale

Jan. 2026-Present

- Review and help maintain a strong base for gerontological education within both social work and other disciplines at the university level.

Chair of Search and Screen Committee (Clinical Series)
University of Kentucky CoSW

Dec. 2024 – Aug. 2025

- Review applicants for clinical faculty positions and provide feedback on applicants to the dean.

Facilitator

UNCG and NCAT Joint Programs in Social Work HRSA OWEPE Scholars Inaugural Virtual Opioid & Other Substance Use Disorders National Conference: Advancing Racial Equity, Inclusive Practice, and Cultural Humility among Future Behavioral Health Practitioners

- Introduce the speaker(s).
- Facilitate questions and answers by monitoring chat and raised hands.

Clinician

Given an Hour

2020

- Provide one hour a week of free therapeutic services to emergency responders, military personnel, etc.

Abstract Review

Gerontological Society of America

2020

- Review abstracts submitted and edited as needed.

Committee Member: Women’s Issues and Emerging Scholars

2019

Gerontological Society of America

- Attend meetings as needed.
- Provide the social media presence within the committee.

Board of Directors: Southern Representative

2014

National Association of Social Workers – SC Chapter

- Assisted in development of CEU’s for local chapter.
- Attended state chapter meeting to assist in decisions on needs associated with the NASW throughout the state.

Committee Member

2011-2012

Washington Adventist Hospital – Ethics Committee

- Worked with a team of medical professionals on challenging cases within the hospital that pose an ethical question.

Board of Directors: Southwest Representative 2009 - 2010

National Association of Social Workers – FL Chapter

- Assisted in development of CEU's for local chapter.
- Attended state chapter meeting to assist in decisions on needs associated with the NASW throughout the state.

Chair of Policy Committee Jan. 2010 – April 2010

Lee Elder Abuse Prevention Partnership – Fort Myers, FL

- Founding member of a community coalition with a mission to create community partnerships that effectively promote awareness of elder abuse, neglect and exploitation.

Volunteer

The Women's Center – Carbondale, IL

Aug. 2003 – Jan. 2005

- Provided advocacy to survivors and their families of domestic violence through 24-hour crisis hotline and in-person at shelter.

Certifications and Accreditation

Licensed Clinical Social Worker (IL 149.029981) Sept. 2025 – Present
Illinois Department of Financial & Professional Regulation

Licensed Clinical Social Worker (IN 34012407A) Nov. 2025 - Present
Behavioral Health Board

Licensed Clinical Social Worker (KY 259587) Aug. 2024 – Present
Kentucky Board of Social Work

Licensed Independent Clinical Social Worker (MA 127135) Oct. 2023 – Present
The Board of Registration of Social Work

Licensed Independent Social Worker – Clinical (SC 10760) May 2014 – Present
South Carolina Board of Social Work Examiners

Licensed Certified Social Worker – Clinical (MD 16207) Feb. 2013 – Present
Maryland Department of Health

Licensed Clinical Social Worker (FL SW16187) Mar. 2019 – Present
Florida Department of Health

Certified Clinical Anxiety Treatment Professional (CCATP) Aug. 2022
Evergreen Certifications

Certified Grief Informed Professional (CGP) Aug. 2022
Evergreen Certifications

Certificate in Mindfulness April 2018
Allegra Learning Solutions, LLC

Certificate in Meditation University of South Carolina	Feb. 2018
Outcome Based Evaluations The John Scott Dailey Florida Institute of Government	March 2008
Domestic Violence and Sexual Assault Trained (68 hrs) The Women's Center – Carbondale, IL	March 2003

Membership:

<i>Southern Gerontological Society</i>	Oct. 2024 - Present
<i>Kentucky Society for Clinical Social Work</i>	Aug. 2024 - Present
<i>National Association of Social Workers – Washington, DC</i>	June 2006 - Present
<i>Gerontological Society of America</i>	Aug. 2019 – Present
<i>Association for Gerontology Education in Social Work</i>	Nov. 2019 – Present
<i>Society for Social Work and Research</i>	Mar. 2021 - Present

Additional Experience:

- ETO Site Administrator.
- Charity Tracker user.
- Lean Six Sigma knowledge and utilization.
- Certificate in Ad Hoc Reporting using SQL System.
- Past Field Instructor for University of South Carolina students.
- Past Field Instructor for Howard University Social Work students.
- Past Field Instructor for University of Maryland Master of Social Work Students.
- Preceptor for new employees within the Case Management Department.
- Education Coordination at Washington Adventist Hospital Case Management.
- Allscripts Case Management Computer Program Super User.